

# European EPIC Conference on Nutrition, Lifestyle and the Prevention of Obesity and Chronic Diseases

22-23 October 2009

Institut Catalán de Oncologia (ICO), Barcelona, Spain

## Promoted by

Department of Epidemiology and Public Health, Imperial College London, UK  
Julius Center, University Medical Center Utrecht, the Netherlands  
Catalan Institute of Oncology, Barcelona, Spain  
International Agency for Research on Cancer (IARC), Lyon, France  
National Institute for Public Health and the Environment (RIVM), the Netherlands

## PROGRAMME

### **Thursday 22 October 2009**

#### **09.00 - 09.30 Opening Ceremony and welcome**

(Chair: *Elio Riboli*, Imperial College London)

09.05- 09.10 *Joaquim Esperalba* (Catalan Institute of Oncology, Spain): Welcome

09.10- 09.15 *Antoni Plasencia* (Catalan Ministry of Health, Spain)

09.15 - 09.20 *Idelfonso Hernandez Aguado* (Spanish Ministry of Health, Spain)

09.20- 09.30 *Carlos A. González* (Catalan Institute of Oncology, Spain): Introduction

#### **09.30 - 10.00 *Chris Wild* (IARC, Lyon): Opening lecture: Challenges in Cancer Prevention**

#### **10.00 - 13.00 EPIC results: Lifestyle and Cancer Risk**

(Chair: *Anne Tjonneland*, Danish Cancer Society, Denmark)

10.00 - 10.30 *Antonio Agudo* (Catalan Institute of Oncology): EPIC: Role of Smoking on Cancer risk

10.30 - 11.00 *Manuela Bergman* (German Institute of Human Nutrition, Germany): The role of alcohol use on cancer risk and other health outcomes in EPIC

11.00 - 11.30 Coffee and poster session/poster prize

11.30 - 12.00 *Elio Riboli* (Imperial College London): Role of Diet on Cancer risk

12.00 - 12.30 *Tobias Pischon* (German Institute of Human Nutrition, Germany): Role of Obesity on Cancer risk and Mortality

12.30 - 13.00 *Rudolf Kaaks* (German Cancer Research Center, Germany): Role of Hormones, Metabolic and Reproductive Factors on Cancer risk

#### **13.00 - 14.30 Lunch and Poster Session**

#### **14.30 - 17.30 Priorities for European Research on Nutrition, Lifestyle and Cancer and Chronic Diseases** (Chair: *Göran Hallmans*, Umeå University, Sweden)

14.30 - 15.00 *Barrie Margetts* (Public Health Nutrition, United Kingdom)

15.00 - 15.30 *Manuel Hallen* (Directorate for Health Research, European Commission, Belgium)

15.30 - 16.00 Tea and Coffee

16.00 - 16.30 *Representative* (World Health Organization)

16.30 - 17.30 Round Table discussion: *Chris Wild* (IARC), *Representative* (WHO), *Jeroen Hulleman* (Dutch Government), *Elio Riboli* (EPIC), *Petra Peeters* (EPIC PANACEA), *Barrie Margetts* (Public Health Nutrition), and *Manuel Hallen* (European Commission)

**Evening reception and dinner**

## PROGRAMME

Friday 23 October 2009

09.00 - 09.05 **Opening** (*Elio Riboli*, Imperial College London)

09.05 - 09.30 **Jaap Seidell** (EMGO institute, VU University Medical Center, the Netherlands)  
**Opening lecture: Obesity epidemic in Europe**

09.30 - 11.45 **PANACEA: Nutrition and Obesity**  
(Chair: *Franco Berrino*, National Cancer Institute, Italy)

09.30 - 09.45 *Petra Peeters* (Julius Center, University Medical Center Utrecht, the Netherlands):  
Introduction to PANACEA

09.45 - 10.10 *Teresa Norat* (Imperial College London, UK): Foods' intake and weight gain

10.10 - 10.35 *Dora Romaguera* (Imperial College London, UK): Food patterns and weight gain

10.35 - 11.00 *Androniki Naska* (University of Athens, Greece): Eating out of home and weight gain

11.00 - 11.30 Coffee and poster session

11.30 - 12.45 **PANACEA: Other Lifestyle Determinants of Obesity**  
(Chair *Eiliv Lund*, University of Tromsø, Norway)

11.30 - 11.55 *Ulf Ekelund* (MRC Epidemiology Unit, Institute of Metabolic Science, University of  
Cambridge, UK): Physical activity and weight gain

11.55 - 12.20 *Noémie Travier* (Catalan Institute of Oncology, Spain): Tobacco use and weight change

12.20 - 12.45 *Anne May* (Julius Center, University Medical Center Utrecht and National Institute for Public  
Health and the Environment, the Netherlands): Combined impact of lifestyle factors on  
weight gain

**12.45 - 14.00 Lunch and Poster Session**

**14.00 - 16.00 Epidemiology and prevention of cardiovascular diseases, diabetes and obesity**  
(Chair: *Bas Bueno-de-Mesquita*, National Institute for Public Health and the  
Environment, the Netherlands)

14.00 - 14.25 *Nick Wareham* (MRC Epidemiology Unit, Institute of Metabolic Science, University of  
Cambridge, UK): EPIC and the aetiology and prevention of type 2 diabetes

14:25 - 14.50 *Salvatore Panico* (Federico II University of Naples, Italy): The EPICOR Study

14.50 - 15.15 *Thorkild Sørensen* (Institute of Preventive Medicine, Denmark): Diogenes: genes and  
obesity

15.15 - 15:40 *John Danesh* (University of Cambridge, UK): EPIC-Heart

15.40 - 16.00 Closure of the meeting (*Elio Riboli and Carlos Gonzalez*)

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### Contacts

#### Registration, Travel, and Barcelona Information:

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