Aberdeen Varicose Veins Questionnaire (AVVQ)

The AVVQ form must be completed at baseline and then at 6 weeks, 6 months and 12 months.

Please tick the relevant box to indicate:

- Baseline
- 6 week follow-up
- 6-month follow-up
- 12-month follow-up

Date of questionnaire completion: __ __ __ dd/mm/yy
Please answer all 13 questions

1: Please draw in your varicose veins

Legs Viewed from Behind

Legs Viewed from in Front

2: In the last 2 weeks for how many days did your veins cause you pain or ache?

None at all ☐ ☐
Between 1 and 5 days ☐ ☐
Between 6 and 10 days ☐ ☐
For more than 10 days ☐ ☐

3: During the last two weeks, on how many days did you take painkilling tablets for your varicose veins?

None at all ☐ ☐
Between 1 and 5 days ☐ ☐
Between 6 and 10 days ☐ ☐
For more than 10 days ☐ ☐

4: In the last two weeks, how much ankle swelling have you had?
- None at all ☐
- Between 1 and 5 days ☐
- Between 6 and 10 days ☐
- For more than 10 days ☐

5: In the last two weeks, have you worn support stockings or tights?
- Right Leg
  - No ☐
  - Yes, those I bought myself without prescription ☐
  - Yes, those prescribed by my doctor which I wear occasionally ☐
  - Yes, those prescribed by my doctor which I wear every day ☐
- Left Leg
  - No ☐
  - Yes, those I bought myself without prescription ☐
  - Yes, those prescribed by my doctor which I wear occasionally ☐
  - Yes, those prescribed by my doctor which I wear every day ☐

6: In the past two weeks, have you had any itching in association with your varicose veins?
- Right Leg
  - No ☐
  - Yes, above the knee only ☐
  - Yes, below the knee only ☐
  - Yes, above and below the knee ☐
- Left Leg
  - No ☐
  - Yes, above the knee only ☐
  - Yes, below the knee only ☐
  - Yes, above and below the knee ☐

7: Do you have purple discolouration caused by tiny blood vessels in the skin, in association with your varicose veins?
- Right Leg
  - No ☐
  - Yes ☐
- Left Leg
  - No ☐
  - Yes ☐

8: Do you have a rash or eczema in the area of your ankle?
- Right Leg
  - No ☐
  - Yes, but it does not require treatment from a doctor or district nurse ☐
  - Yes, and it requires treatment from a doctor or district nurse ☐
- Left Leg
  - No ☐
  - Yes, but it does not require treatment from a doctor or district nurse ☐
  - Yes, and it requires treatment from a doctor or district nurse ☐

9: Do you have a skin ulcer associated with your varicose veins?
- Right Leg
  - No ☐
  - Yes ☐
- Left Leg
  - No ☐
  - Yes ☐
10: Does the appearance of your varicose veins cause you concern

No ☐
Yes, their appearance causes me slight concern ☐
Yes, their appearance causes me moderate concern ☐
Yes, their appearance causes me a great deal of concern ☐

11: Does the appearance of your varicose veins influence your choice of clothing including tights?

No ☐
Occasionally ☐
Often ☐
Always ☐

12: During the last two weeks, have your varicose veins interfered with your work/housework or other activities?

No ☐
I have been able to work but my work has suffered to a slight extent ☐
I have been able to work but my work has suffered to a moderate extent ☐
My veins have prevented me working one day or more ☐

13: During the last two weeks, have your varicose veins interfered with you leisure activities? (including sport, hobbies and social life)

No ☐
Yes, my enjoyment has suffered to a slight extent ☐
Yes, my enjoyment has suffered to a moderate extent ☐
Yes, my veins have prevented me taking part in any leisure activities ☐

Thank you!